

What is Sexual Assault?

Sexual Assault is any kind of unwanted sexual behavior. There are many types of sexual assault. Rape is the most severe form. New Mexico law defines rape as Criminal Sexual Penetration (without consent) of the vagina, penis, anus or mouth, to any extent, with any object.

Other forms of sexual assault include "flashing" (indecent exposure), verbal comments and unwanted touching. Unwanted sex or sexual harassment in any situation, even by someone that we know, **IS** sexual assault.

- Sexual Assault is not an impulsive sexual act. It is a planned act of violence and aggression.
- Sexual assault is a crime in which the offender uses sex as a weapon.
- The offender, whether an acquaintance or stranger, is responsible for the assault.

No one deserves to be sexually assaulted, and no one "asks" to be sexually assaulted because of their clothes, their behavior or their lifestyle.

WHO IS A SEX OFFENDER?

Offenders can be anyone. A man, woman, an old person, a young person, a boy, a girl, ANYONE. A sex offender can be someone you know or a stranger. Sex offenders come from all racial and ethnic backgrounds, as well as from all types of economic and educational backgrounds. Perpetrators don't "look" a certain way, and not all perpetrators use overt violence to commit the crime of sexual assault. Regardless of a survivor's relationship to the offender, sexual assault is **NEVER** the fault of the survivor.

If You Are Sexually Assaulted...

SANE
(Sexual Assault Nurse Examiners)

Time frame for exam:

- Age 13 and over – 5 days
- Age 12 and under – 3 days

Call the Crisis Hotline (326-4700) to speak with an Advocate or a Sexual Assault Nurse Examiner (SANE) who will talk to you about doing a sexual assault exam.

- 1) Do not bathe or change clothes
- 2) Do not eat or drink

Important evidence can be collected during the medical examination.

Services Provided:

- 1) STD Prevention
- 2) Emergency Contraception
- 3) Forensic Evidence Collection
- 4) Physical Exam

You can accept or refuse any part of the exam



Support for SASNWNM comes from the City of Farmington, New Mexico Coalition of Sexual Assault Programs, New Mexico Department of Health, Navajo Area Indian Health Service, San Juan County, San Juan Regional Medical Center, San Juan United Way, VAWA (Violence Against Women Act), VOCA (Victims of Crime Act), private donations & contributors.



What You Can Do If Someone You Care About Is Sexually Assaulted...

SUPPORT AND UNDERSTANDING

Friends and relatives make an important difference for someone who is healing from a sexual assault.

- Let the person know that it is not their fault, and that you believe them.
- Let the person know that you care and are willing to listen.
- Allow the survivor to use her or his own strengths to make decisions. It is important that the person be allowed to regain a sense of control as soon as possible.
- Support the survivor about seeking counseling.
- Recognize your own feelings about the assault. If you are feeling upset, angry or afraid, please seek support for yourself.

The crime of sexual assault will only end when we all recognize the misconceptions about it

We can all work to reform attitudes by speaking up when we hear sexual assault treated as a joke instead of as an act of violence.

People have a right to be safe. We can each make a difference. Start today.

Support Sexual Assault Services of NWNM with your donations or volunteering

How Can I Help?

Anyone can help, it doesn't matter if you're male, female, young, old, time on your hands, no time on your hands, money or no money. There is something you can do to help survivors of sexual assault.

Donations & Sponsorship

- Personal
- Company Sponsorship
- Grant Monies

Fundraising

- Coordinator
- Assistant

Volunteer

- Advocate
- Office Work

Grant Search & Writing

- Search
- Writing

I am able to Donate:

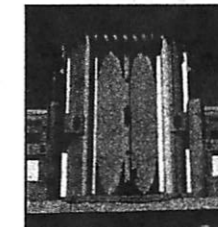
- \$5.00
- \$25.00
- \$50.00
- \$100.00
- \$200.00
- \$500.00
- \$1,000.00
- Other _____

Name: _____

Company: _____

Phone: _____

Address: _____



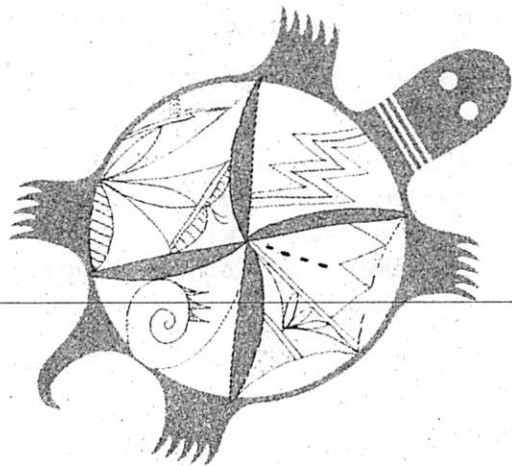
SAS of NWNM:
A Door to Healing

Sexual Assault Services
OF NORTHWEST NEW MEXICO
622 West Maple Ste H
Farmington, New Mexico 87401

HOTLINE: (505) 326-4700
TOLL FREE: 1-866-908-4700
OFFICE: (505) 325-2805
FAX: (505) 326-2557

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Sexual Assault Services

Rape Crisis Hotline and SANE Services are both available 24 hours a day, seven days a week. Call 326-4700 to activate the service. An advocate will meet the survivor at the SANE Clinic or the ER.

All services are free of charge and confidential.

Services are available for survivors of all ages, both female & male.



FACTS ABOUT SEXUAL ASSAULT

- The FBI estimates that 1 out of every 3 females and 1 out of every 5 males is sexually assaulted during her / his lifetime.
- National statistics indicate that only 1 out of 10 rapes are reported.
- 85% of Sexual Offenders know their victim; for people under the age of 16, that number rises to 95%.
- Sexual assault can happen anywhere, but happens most commonly in the home.
- Sexual assault happens in every racial, ethnic and economic group, and in every community. Anyone can be a survivor of sexual assault.

RAPE CRISIS SERVICES

Rape Crisis Advocates provide emotional support and advocacy to people who have been sexually assaulted/abused in any way, at any time in their life. SAS of NWNM is a safe space for survivors of sexual violence.

You are not to blame for the sexual assault. *Anything you did to survive was the right thing to do.*

Crisis Services

- Anonymous 24-hour telephone hotline
- On-site advocacy
- Crisis intervention for survivors, their friends and relatives

Counseling

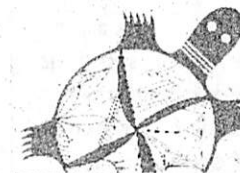
- Counseling & therapy services available regardless of when the assault occurred.

Advocacy

- Medical, legal and court advocacy, personal advocacy, and follow-up

Community Education

- Age appropriate Sexual Violence Education
- Awareness programs designed for children, teens, adults, communities and organizations
- Workshops and seminars developed for professional groups



**SAS of
NWNM:
A Door to
Safety**

